

## How the Bible is Like an Oreo Cookie

Hold up a Bible and an Oreo and ask if these two things could be the same somehow. Get ideas from students, if you can.

Then point out that the Bible has two parts, (Old and New Testaments)  
an Oreo has two cookies (on top and bottom)

Show division of the Bible, noting that the Old Testament is thicker than the New Testament.

Point out that the cream in the middle holds the two cookies together. Ask what students might think holds the Old and New Testaments together.

Twist the two halves of the Oreo part and look at the side with the cream filling. Say , "In the Bible what holds the Old and New Testaments together is Jesus. The New Testament has stories about Jesus, recalls stories Jesus told to teach his disciples and what his disciples said and did to keep Jesus memory alive after Jesus ascended into heaven." The Old Testament tells about the relationship God and has people had from the time God promised to send Jesus and he came to live among the Jewish people. There are many predictions and promises and prophecies about Jesus in the Old Testament. That is why there are little bits of cream left on the Old Testament side of the Oreo cookie. Show them on the part of the cookie without the large portion of cream.

Now pass out the Oreo cookies and have the students open up the cookies and noticed the "presence of Jesus" on the two halves. Review the idea that Jesus has a large presence in the New Testament and a smaller, yet significant "presence" in the Old Testament. This year we will be looking for that presence in the Old Testament as we make our way through the Old Testament.

Allow the students to eat the cookie.

(If any students mention that they usually eat Oreos with milk, you can point out that the cookie represents Scripture and the milk represents Tradition. Tradition helps us digest and understand the Scripture.)